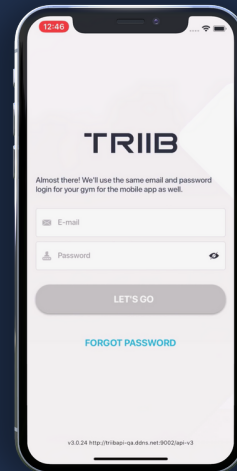


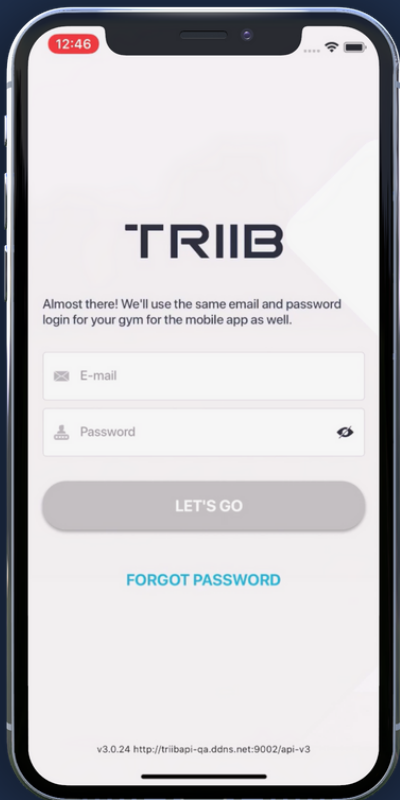
TRIIB APP

- Workout Posts/Videos
- Workout Tracking
- Class RSVP



Moving forward, we will be using the TRIIB app for a variety of things once we re-open. Please login and familiarize yourself with the app over the next few weeks! Check out the daily workouts, track your workouts, and practice signing up for classes.

Setting up the TRIIB App



Step 1: Download TRIIB App

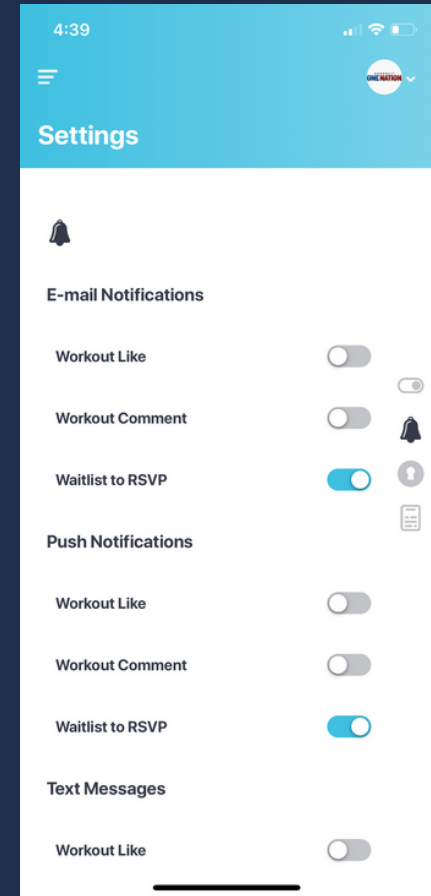
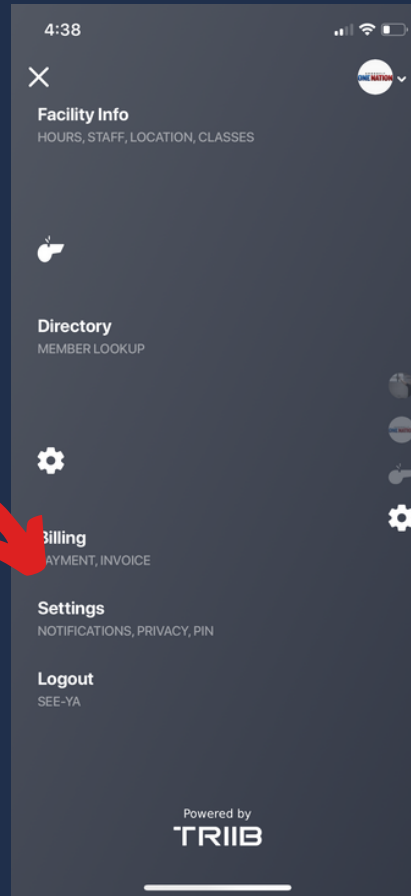
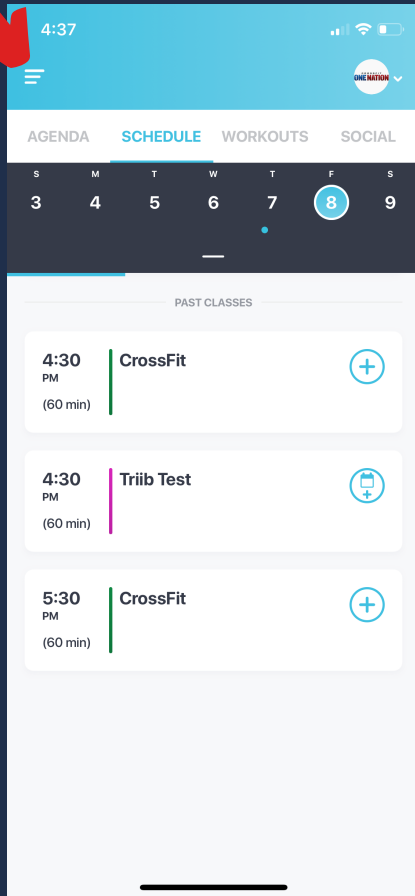
Step 2: Login

*If you do not remember your password,
click forget password to reset

*If you cannot figure out the email on your account,
email James@crossfittilt.com for help

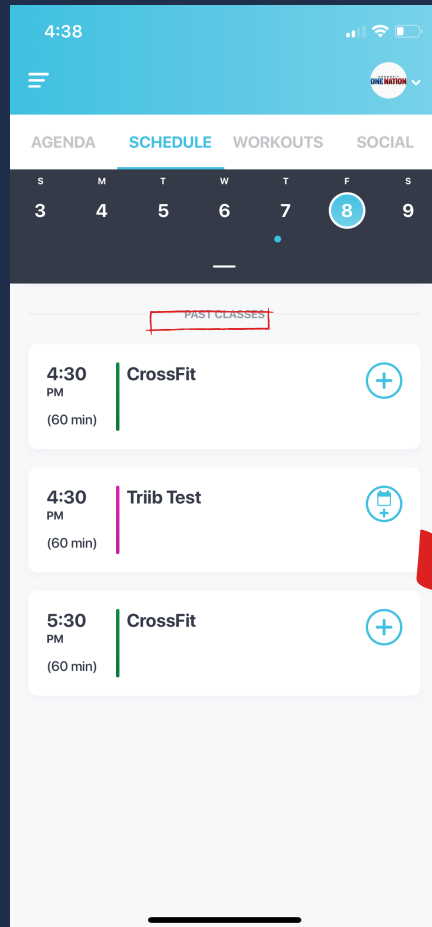
*There is no Droid app at this time. If you cannot
download via your phone, you can still RSVP through
our TRIIB urls posted below.

Updating Settings

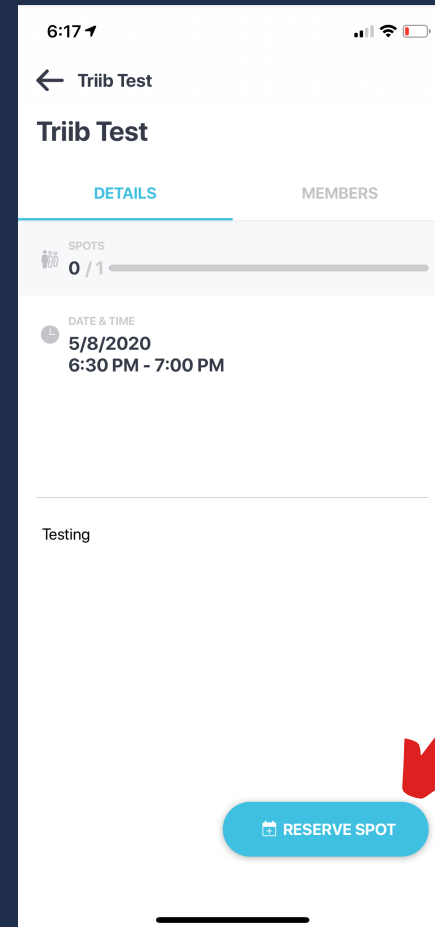


Be sure to enable email, text, and push notifications to stay updated for waitlist notifications. If you need to change your phone number, you can update via the TRIIB urls posted below.

RSVPing For Class



Tap here

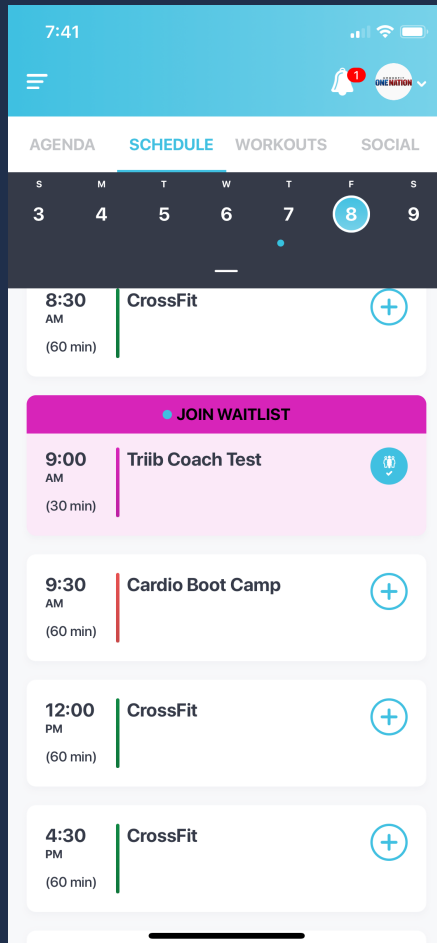


Then here

When we re-open, you will be allowed to sign-up for class 3 days in advance. (changes may occur)

Wait!

What if the class is full?



Take a breath

Join the waitlist

Stay alert

Text - Email - Push Notification

You will be notified by one or
all of these methods if you
make it off the waitlist!

Can't make it?

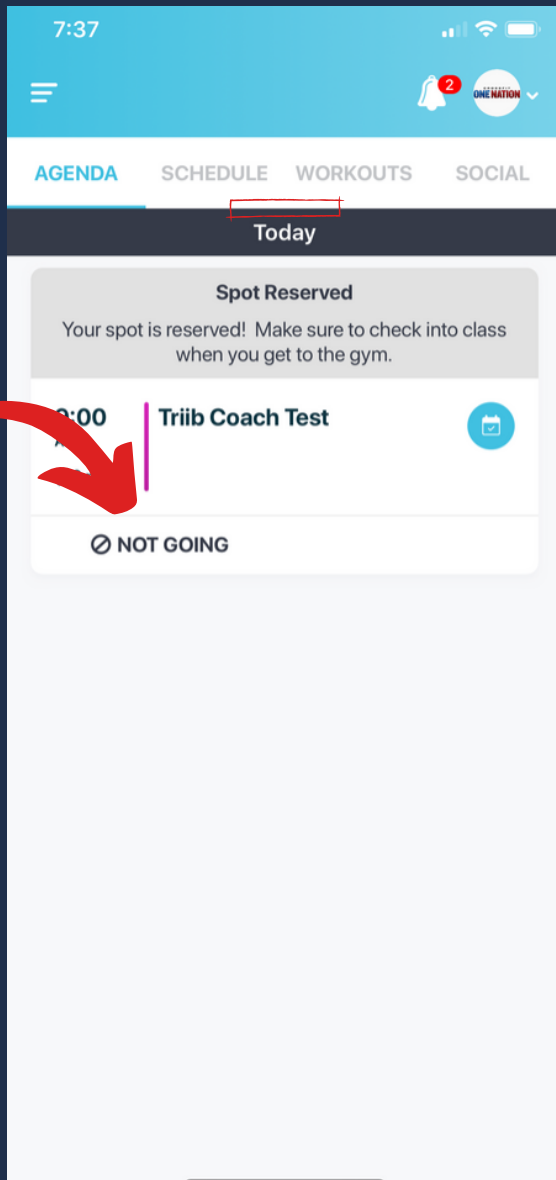
It happens, we get it.

Please remember to **cancel** your RSVP!

Once we re-open, there will be a fee for no shows.

There will be a specific number of hours before class starts that you have to cancel by. More details to come.

These policies are to ensure that someone from the waitlist can attend!



Account Login URLs:

You can also use the URLs below to sign into your TRIIB account

Waltham - <https://crossfit-tilt.triib.com/accounts/login/>

Sudbury - <https://crossfit-tilt-ii.triib.com/accounts/login/>

Wellesley - <https://crossfit-tilt-iii.triib.com/accounts/login/>

Southborough - <https://crossfit-tilt-v.triib.com/accounts/login/>